

Community Health Improvement

Mobile Health

Achievements | 2023



DEPARTMENT OBJECTIVE

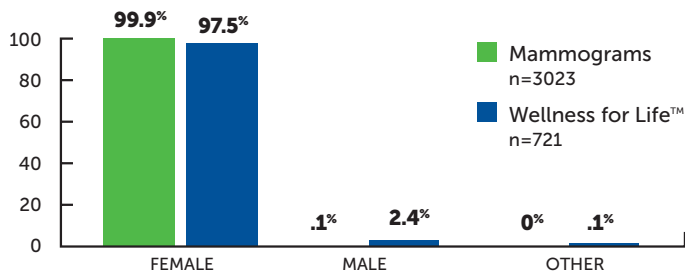
Mobile Health aims to improve access to quality preventive care services for adults 18+ years across Texas Health's service areas. The department offers chronic disease management and screening services through several programs, including Mammograms, Wellness for Life (WFL), and Healthy Education Lifestyles Program (HELP). The WFL program provides colon and cervical cancer screenings, well adult exams, and blood work to test for diabetes and cholesterol. The Mammograms service line provides breast cancer screening services and mammograms for women. Lastly, HELP provides chronic disease management services to uninsured patients. Across all three service lines, Mobile Health saw 3,262 patients throughout North Texas in 2023.

STATEMENT OF NEED*

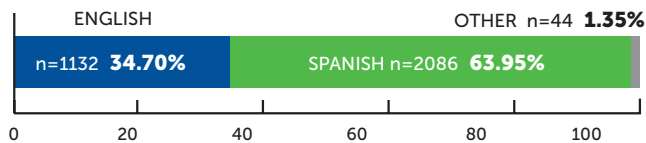
Mobile health services have been cited as a viable and valuable model because of its ability to straddle between community-based and clinical settings, thereby enabling the team to develop essential networks to address both the social and medical determinants of an individual's health. There is also evidence that mobile health services are associated with reducing costs for avoidable ED visits, reducing readmission rates, and reducing hospitalization length of stay.

Demographic of People Served

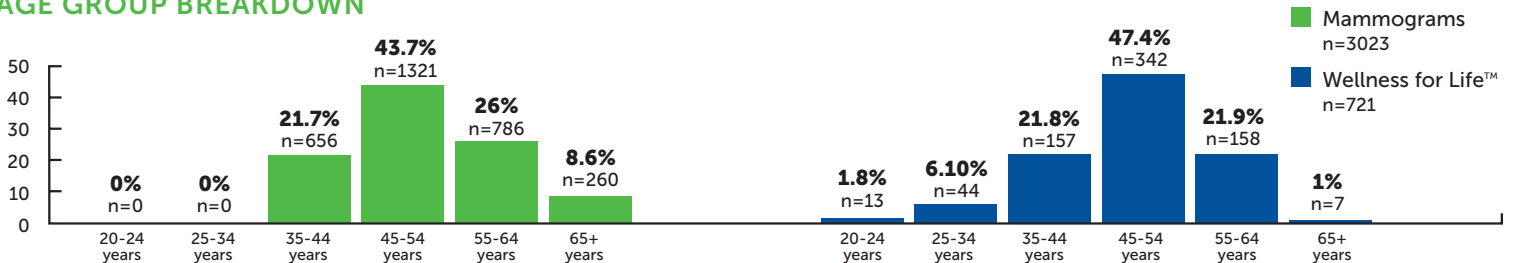
GENDER DISTRIBUTION



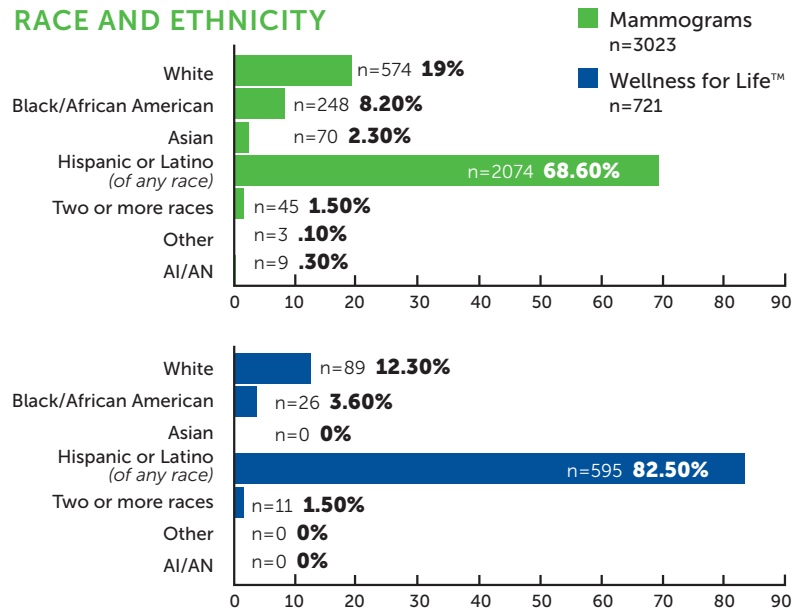
PATIENT'S PREFERRED LANGUAGE



AGE GROUP BREAKDOWN



RACE AND ETHNICITY



* Statement of Need sources: Yu, S.W.Y., Hill, C., Ricks, M.L., Bennet J., & Oriol, N.E. (2017). The scope and impact of mobile health clinics in the United States: A literature review; International Journal of Equity Health, 16, Doi: 10.1186/s12939-017-0671-2

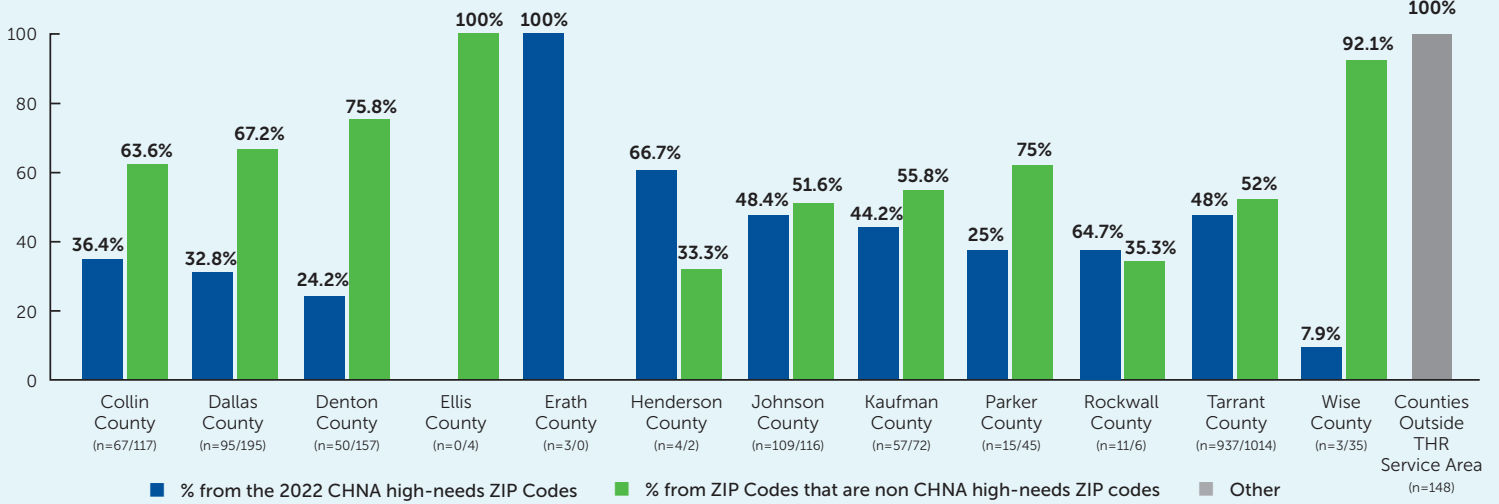


To learn more about our community health improvement programs, please email us at THRCHI@TexasHealth.org



Mobile Health

PEOPLE SERVED BY COUNTY**



3,262
Patients that were provided services across the North Texas region**

99%
Female patients served**

43%
Patients served between the ages of 45-54 years old**

69%
Patients identified as Hispanic/Latino**

1,387
Individuals served who resided in a CHNA-designated, high-need ZIP Code**

2,514
Grant-funded patients served**



Activities/Output**

2,491
New patients

60%
Visits to Community Health Needs Assessment ZIP Codes (n=210)

43
Patients identified with pre-diabetes

21
Patients identified with diabetes

290
Patients identified with Hypertension



Outcomes

Aligned Healthy People 2030 Objectives - Health Conditions

Cancer - reduce new cases of cancer and cancer-related illness, disability, and death.

■ Mammograms
■ Wellness for Life™

97%
n=3023
Eligible females screened for breast cancer

72%
n=179
Females with abnormal screening returned for diagnostic procedure

89.4%
Patient satisfaction

57%
n=142
Eligible patients returned their fecal immunochemical test (FIT)

90.35%
n=142
Eligible adults gained access to colorectal cancer screening

4.2%
n=6
Eligible patients with abnormal colorectal cancer screening results referred for diagnostics

74.81%
n=607
Eligible females screened for cervical cancer

2.8%
n=17
Eligible females with abnormal pap exams referred for diagnostics

93.8%
Patient satisfaction

**Combined data on patients seen in both service lines of mammograms/wellness for life Doctors on the medical staffs practice independently and are not employees or agents of Texas Health hospitals or Texas Health Resources. ©2024 Texas Health Resources