

# Community Impact Grant 2019/20



## Meet Jeff.\*



Jeff was well on his way to becoming a high school dropout facing a grim future when he was identified as “at-risk” through a resiliency skills assessment. He was on the verge of losing school credits when the THRIVE (Together Harnessing Resources to Give Individuals Voice & Empowerment) team stepped in to guide him toward a more positive path. Jeff and his guardian met with the THRIVE team to recover credits, learn resiliency skills and access counseling through First Refuge, a grant partner.

Today his story continues to be positive. He not only graduated from high school, but with the help of THRIVE, he enrolled at North Central Texas College. Since then, he has completed the first level of certification for the Welding Program. Instead of dropping out and sinking into a familial cycle of poverty, Jeff is a high school graduate with job skills and the ability to cope with whatever his future holds.

*\*Name changed to protect confidentiality.*

## Together Harnessing Resources to Give Individuals Voice and Empowerment (THRIVE)

### *Sanger 76266, within Denton County*

THRIVE was developed to provide resiliency skills training to students, as well as higher intensity behavioral health interventions as necessary. The establishment of First Refuge Ministries’ (FRM) Sanger Campus added needed health care and behavioral health care access for the community. Two food pantries have been established to improve access to healthy foods, one at FRM-Sanger and the other at Linda Tutt High School.

- Created a student-run grocery store within Linda Tutt High School.
- Through Ripple Effects, a resiliency program, middle and high school students learned resiliency skills.
- FRM, in partnership with the First Baptist Church, created a new location in Sanger to offer health care, counseling services, and a food pantry.

### PROGRAM OBJECTIVES

- 10% increase in resiliency scores using validated survey, such as Healthy Kids Survey, in targeted youth ages 12-21 by December 2020.
- Address food insecurity as a social determinant of health with youth ages 12-21 by increasing the number of places offering healthy foods by December 2020.

Texas Health considers the \$300,000 grant awarded to the collaborative as seed money as further financial support is generated in the communities to meet long-term goals.

**The grant was designed and launched in a pre-pandemic world. COVID-19 has had a significant impact on grant objectives and execution. Although the collaboration made adjustments to planned activities because of the pandemic, the grant’s success related to original goals was impacted.**

## COLLABORATING ORGANIZATIONS

### Sanger ISD

### First Refuge Ministries

First Baptist Church, Sanger

City of Sanger

## IMPACT OF COVID-19



Provided community support during COVID-19 through First Refuge Ministries-Sanger



As of Feb. 19, 2021, there were 46,439 confirmed Coronavirus cases out of the 887,207 total population in Denton County



As of Feb. 19, 2021, there were 2,489 confirmed Coronavirus cases in ZIP Code 76266

## To join the cause or for more information, please contact:

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Texas Health Resources | Community Health Improvement



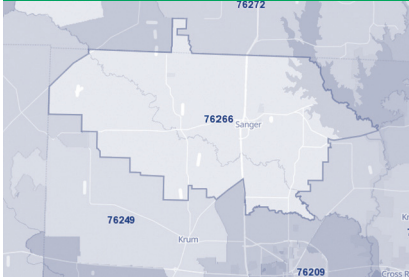
[JulieWright@TexasHealth.org](mailto:JulieWright@TexasHealth.org)



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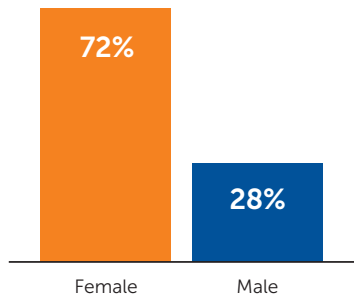
# Denton/Wise Counties: 76266 - THRIVE



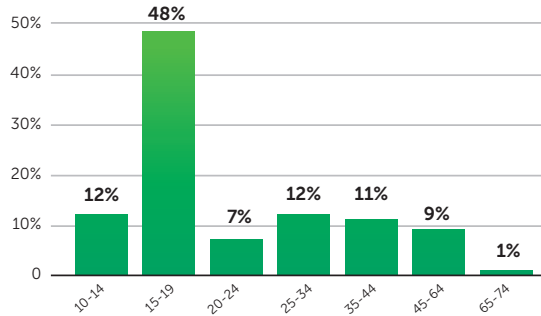
Data used to analyze ZIP codes and determine the areas of focus in each Texas Health Community Impact region are included within the Community Health Needs Assessment (CHNA), available at [TexasHealth.org/CommunityHealth/Community-Health-Needs-Assessment](https://www.texashealth.org/CommunityHealth/Community-Health-Needs-Assessment). Insight into the 2019-2020 grant is below.

## Demographic Data for 1,173 Grant Participants

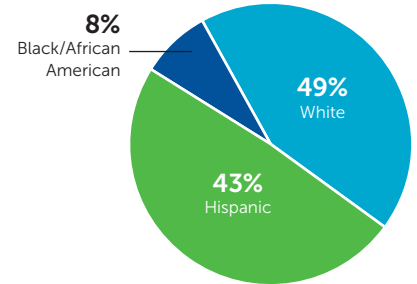
### Gender



### Age Group

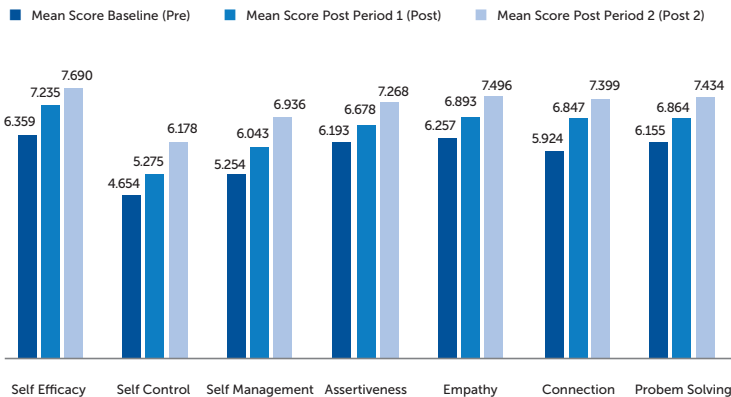


### Race/Ethnicity



## Program Outcomes for 255 Grant Participants

### Sanger ISD (N=255) Subscale Scores Over Time



### GOAL EXCEEDED: Resiliency increased by 24% from baseline to post-period 2

ANOVA analyses were performed within each subscale score, with each mean score showing a statistically significant difference.

The ANOVA analyses was followed by T-tests analyses to verify which time periods were different from each other. All seven subscale scores showed consistent increase across all time periods (baseline, post period 1, and post period 2) and a statistically significant difference between each time period.

\*These results are a combination of data from three schools in SISD: Sanger Middle School (SMS) N = 114, Sanger High School (SHS) N = 100, and Linda Tutt High School N = 41



Student-run grocery store within Linda Tutt High School.

## Social Determinants of Health Activities



### Food Insecurity

Opened a low cost grocery store at Linda Tutt High School (LTHS), which has given approximately **21** at-risk student an opportunity to engage with their peers and community

Over **280** families were served by the LTHS grocery store, gaining access to approximately **12,600** pounds (lbs) of food

**4,284** families were served by the First Refugee Ministries (FRM) - Sanger food pantry, providing access to over **264,052** pounds (lbs) of food - approximately **220,043** meals



### Addressing Behavioral Health and Medical Services

**155** students received counseling from crisis counselors

**39** students received counseling/mental health services at First Refugee Ministries

**30** students received medical services

The data collection for Cycle One grants had limitations, resulting in some inconsistencies.

\*SOURCES: Participant demographic data: Year-end report from Sanger Independent School District (SISD). Coronavirus Impact data: Texas Department of State Health Services & Denton County Covid-19 Stats Site. Program output and outcome data: Data Collection Tool from Sanger Independent School District (SISD). Maps obtained through <https://www.unitedstateszipcodes.org/>

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