

Community Impact Grant - 2021/22

Vision. Leadership. Teamwork.

Texas Health Community Impact uses cross-sector collaborative grants to address local community needs in resourceful and innovative ways. This data-driven, outcomes-focused approach pinpoints North Texas ZIP codes most in need of our help and drives how we engage with leaders, influencers and existing resources within those underserved areas. Together, we're responding to health disparities, eliminating root causes of chronic disease and providing tools that instill life-long health and well-being.

Collaborating Organizations

Children's Advocacy Center for North Texas

Lewisville ISD

Counseling Center of Denton County

Lewisville Heart of the City—Farmer's Market Food Pantry

To join the cause or for more information, please contact:

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About Promoting Resiliency Among Vulnerable Children

Children ages 12 to 15 in ZIP code 75057 live in a virtual island of isolation, where food insecurity and adversity are shockingly prevalent, and where risk for abuse and neglect are high. Teachers, who often are the reporters of abuse, have been sidelined by school closures and virtual classrooms. As these children emerge from the pandemic, the work of Promoting Resiliency Among Vulnerable Children, which teaches skills for coping with life's challenges through resiliency training, has never been more important. Together, we're equipping children and families to address and overcome life's challenges and emerge from them even stronger.

Program Objectives to Reach by December 2022

- Increase resiliency among low-income youth and family units in Lewisville (75057).
- Increase food security among low-income youth and family units in Lewisville (75057).
- Improve self-efficacy among low-income youth and family units in Lewisville (75057) by empowering individuals to navigate health care and social assistance services.

\$232,800

Amount awarded in grant cycle two will allow the collaborative to continue building infrastructure and momentum, as further financial support is generated in the community to meet long-term goals.

Meet Reyna



As a stay-at-home mom of multiple children, Reyna struggled to manage the new family dynamic during the pandemic when schools were closed and the usual concerns about food and transportation were further strained. While families everywhere faced pandemic challenges, those with financial concerns and in areas of resource isolation, such as Reyna's in Lewisville, were at risk for spiraling physically and emotionally during an already stressful time. For her, the live Virtual Spanish Parent Cafés offered through the Promoting Resiliency Among Vulnerable Children grant have been a lifeline. In the small peer-to-peer forums, she's learned techniques for coping, resiliency and communicating with her children, and interacts with other parents in the group, all of which strengthen her family and reduce the chances of abuse. For Reyna, weekly sessions bring a sense of relaxation and give her time to think through how to apply the skills she is learning. In fact, Reyna has commented on how much she looks forward to the sessions and wishes they were longer in length. She and her middle-schooler have also benefited from an internet safety presentation through the grant and Reyna shared tips with other parents in her café group.



Lewisville 75057

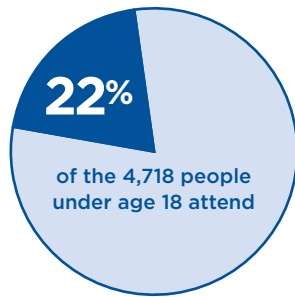
As an example of the data used to analyze the ZIP codes and determine the areas of focus in each Texas Health Community Impact region, the following is information for Lewisville 75057.

DEMOGRAPHICS

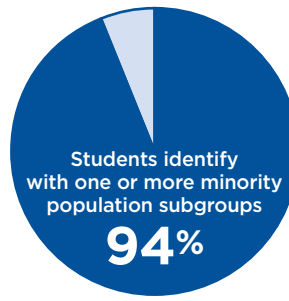


POPULATION
15,123

Source: www.city-data.com/zip/75057.html



Source: www.lisd.net/cms/lib/TX01918037/Centricity/Domain/4538/delaytagr.pdf

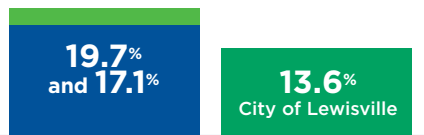


Source: www.lisd.net/cms/lib/TX01918037/Centricity/Domain/4538/delaytagr.pdf

BY THE NUMBERS
Delay Middle School

HIGHEST AREAS OF NEED IN LEWISVILLE

Census Tracts of Focus - 216.19 and 217.39



Mental Health "Not Good" ≥ 14 days

Source: <https://experience.arcgis.com/experience/22c7182a162d45788dd52a2362f8ed965>



Denton County youth reporting a major depressive episode has increased from **8% to 12%** since 2010

Source: <http://www.healthytexas.org/indicators/index/view?indicatorid=534&localeid=25>

SOCIAL DETERMINANTS OF HEALTH

Census Tracts of Focus - 215.02, 216.18, 216.19, 216.20, 217.39

Conditions in the environments in which people are born, live, learn, work, play, worship, and age that affect a wide range of health, functioning, and quality-of-life outcomes and risks.

Source: [healthypeople.gov/2020/topics-objectives/topic/social-determinants-of-health](https://www.healthypeople.gov/2020/topics-objectives/topic/social-determinants-of-health)



Children Living Below Federal Poverty Level (FPL):

All but one census tract are greater than the city at **16.7%**, with tract **217.9** at **51%**

Source: <http://www.healthytexas.org/indicators/index/view?indicatorid=240&localeid=39&periodid=1581>



SNAP Recipients with Children:

- All but one census tract has more than **85%** of its families earning **<185%** of the FPL and are receiving SNAP benefits.
- 84.4%** of the student population are eligible and/or receiving SNAP benefits

Source: <http://www.healthytexas.org/indicators/index.php?module=indicators&controller=index&action=socioneeds>



Socio Needs Index:

2 of **5** census tracts are greater than **70**, as compared to the City of Lewisville at **53**

Source: <http://www.healthytexas.org/indicators/index.php?module=indicators&controller=index&action=socioneeds>

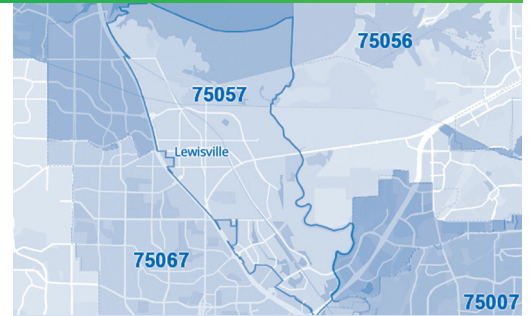


LOOKING FOR ADDITIONAL DATA?

To review the Community Health Needs Assessment, please visit TexasHealth.org/CHNA

Maps obtained through <https://www.unitedstateszipcodes.org/>

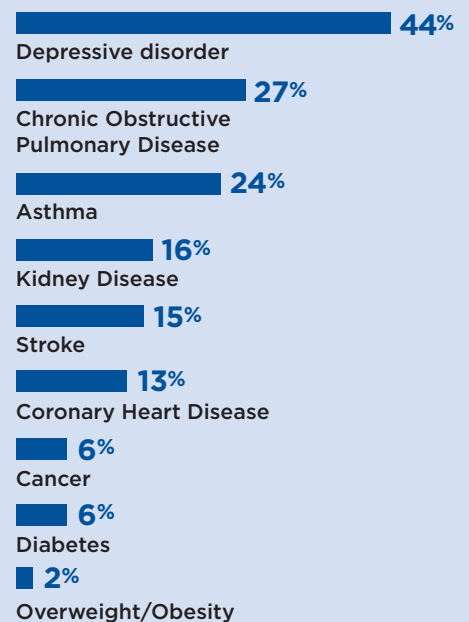
Doctors on the medical staffs practice independently and are not employees or agents of Texas Health hospitals or Texas Health Resources.



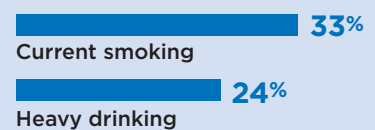
POPULATION DATA

Teaching resiliency can reduce the negative outcomes in adulthood that are associated with Adverse Childhood Events (ACEs)

HEALTH CONDITIONS



HEALTH RISK



SOCIOECONOMIC CHALLENGES

