

Texas Health Community Impact Grant - 2023/24

COLLIN COUNTY

EAST PLANO 75074

Vision. Leadership. Teamwork.

Texas Health Community Impact uses cross-sector collaborative grants to address local community needs in resourceful and innovative ways. This data-driven, outcomes-focused approach pinpoints North Texas ZIP codes most in need of our help and drives how we engage with leaders, influencers and existing resources within those underserved areas. Together, we're responding to health disparities, eliminating root causes of chronic disease and providing tools that instill life-long health and well-being.

Collaborating Organizations

Plano ISD

Lifepath Systems

University of Chicago School of Psychology - Dallas Campus

Minnie's Food Pantry

To join the cause or for more information, please contact:

Danelle Parker, Director

Collin County
Community Health Improvement
Texas Health Resources

DanelleParker@TexasHealth.org

You can help.



To be part of the change, scan this QR code or [click here.](#)

RisingUP!

About this Grant

RisingUP! is a collaborative community approach to identify and support students who have developed or are at risk for developing depression, anxiety, suicidal ideation and other serious mental illness in Plano Independent School District (PISD) elementary and middle schools in ZIP code 75074, as well as provide preventative behavioral health support for parents and staff. Additional supports include assistance with food insecurity, transportation, connecting families with community resources, and building internal capacity in PISD staff to increase knowledge on evidence-based strategies and interventions to identify and assist students exhibiting adverse behaviors connected to mental illness or other social determinants of health. The RisingUP! program will target students in earlier grades within seven PISD campuses using a campus-level universal screener to identify at-risk students and assess overall well-being.

Program Milestones to achieve by December 2024



- Identify students in elementary and middle school who are at risk for depression, anxiety or suicidal ideation and provide appropriate services.
- Increase the capacity of parents, teachers and staff to recognize the signs and symptoms of serious mental illness, grief and trauma.
- Students and families needing assistance with food, housing, transportation, or financial assistance will obtain case management that assist in reducing social determinants of health.

RisingUP! to transform lives.

According to data in the Beyond ABC report produced by Children's Health on the well-being of North Texas children, an estimated 29,140 children suffer from an emotional disturbance or addictive disorder and of those, 6,971 suffer from a severe emotional disturbance.

According to the Department of Health and Human Services, the 75074 area has approximately 475 homes that receive some type of public government assistance and are identified as at or below poverty level of 200%, making this the area of greatest need across the city of Plano.

The Children's Health 2019-2020 Beyond ABC report makes an overarching recommendation to address the mental health needs of children and adolescents in North Texas by increasing access to school and community-based mental health services. The RisingUP! program will provide direct assistance in addressing the mental health needs of children and adolescents through a Collaborative Family Support Team made up of school counselors and social workers, community health clinicians, a case manager, and a family navigator to ensure students and families are able to connect to needed resources while addressing any trauma or additional stressors that may arise in the process. Since the COVID-19 pandemic, schools across the country have seen an increase in students experiencing mental health challenges. The increase in disruptive school behaviors in elementary and middle schools related to mental health negatively impacts the students exhibiting these behaviors as well as other students, teachers, and the entire school community.

\$498,841

Amount awarded to Plano ISD during grant cycle 2023/24 to build upon their Plano UP! framework from previous grant cycles within 75074.

TexasHealth.org/Community-Impact

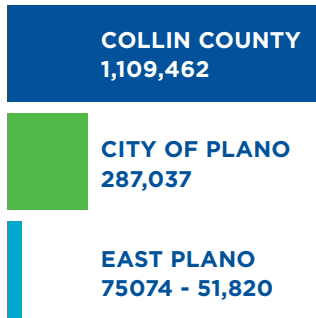


As an example of the data used to analyze the ZIP codes and determine areas of focus in each Texas Health Community Impact region, the following information is a snapshot for East Plano 75074.

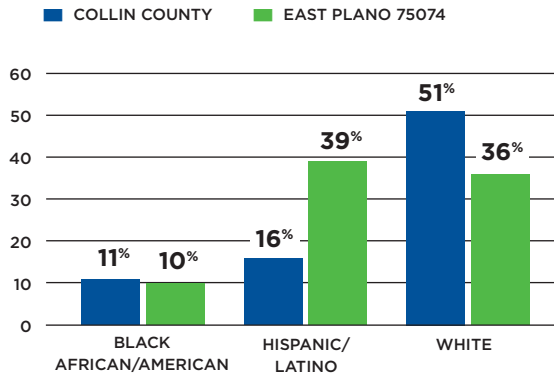


FOR ADDITIONAL DATA AND DEFINITIONS
Review the Community Health Needs Assessment by scanning the QR code or visiting TexasHealth.org/CHNA

DEMOGRAPHICS



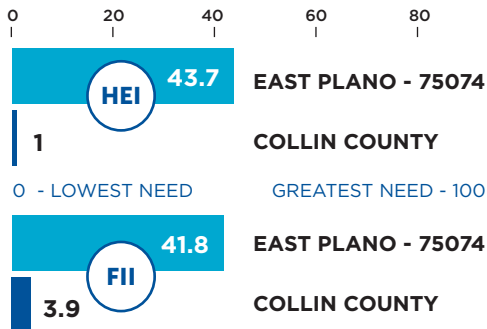
Race/Ethnicity



Source: [CensusReporter.org](https://censusreporter.org)

SOCIAL DETERMINANTS OF HEALTH

Conditions in the environments in which people are born, live, learn, work, play, worship, and age affect a wide range of health, functioning, and quality-of-life outcomes and risks. Through Texas Health Community Impact grants, we're trying to address the whole person—not just a disease.



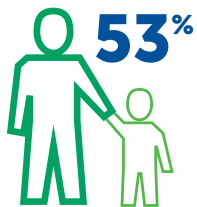
Health Equity Index (HEI)

Formerly the SocioNeeds Index, HEI incorporates estimates for different social and economic determinants of health that are associated with poor health outcomes.

The Food Insecurity Index (FII)

FII is a measure of food access that is correlated with economic and household hardship.

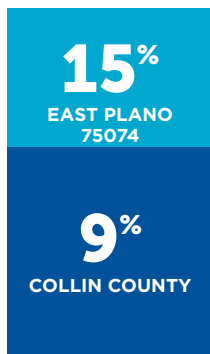
Sources: <https://www.healthypeople.gov/2020/topics-objectives/topic/social-determinants-of-health>; 2022 Community Health Needs Assessment <https://www.healthytexas.org/indexsuite/index/healthequity?localeType=3&parentLocale=2617> <https://www.healthytexas.org/indexsuite/index/foodinsecurity?localeType=2>



Children Living in Poverty

Percentage of food insecure children in Collin County who do not qualify for federal assistance to receive food.

Source: <https://www.healthytexas.org>



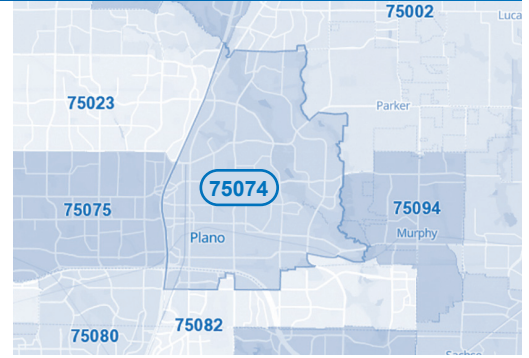
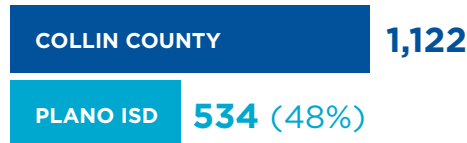
Source: <https://censusreporter.org/>

McKinney-Vento Students in Collin County

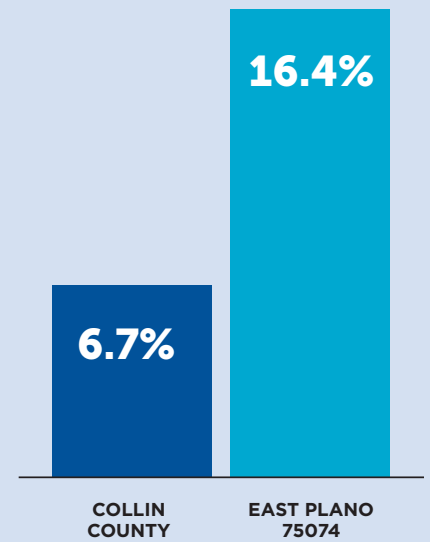
The McKinney-Vento Homeless Assistance Act authorizes the federal Education for Homeless Children and Youth (EHCY) Program and is the primary piece of federal legislation related to the education of children and youth experiencing homelessness.

Source: <https://nche.ed.gov/legislation/mckinney-vento/>

Total Student Unhoused Population



Children Living Below Poverty Level



Source: <https://www.healthytexas.org/>



TexasHealth.org/Community-Impact