

Texas Health Community Impact Grant - 2023/24

DALLAS COUNTY

DALLAS 75231 AND 75243

Vision. Leadership. Teamwork.

Texas Health Community Impact uses cross-sector collaborative grants to address local community needs in resourceful and innovative ways. This data-driven, outcomes-focused approach pinpoints North Texas ZIP codes most in need of our help and drives how we engage with leaders, influencers and existing resources within those underserved areas. Together, we're responding to health disparities, eliminating root causes of chronic disease and providing tools that instill life-long health and well-being.

Collaborating Organizations

The Concilio

Vickery Meadow Youth Development Foundation

Healing Hands Ministries (HHM Health)

To join the cause or for more information, please contact:

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Texas Health Resources

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You can help.



To be part of the change, scan this QR code or [click here.](#)

Healthy Families, Healthy Communities

About this Grant

The Concilio is a Dallas-based nonprofit that builds stronger communities by unlocking opportunities for Latino families. In collaboration with Vickery Meadow Youth Development Foundation, The Concilio will offer culturally competent education and financial empowerment programming to improve the economic stability of under-resourced families. Through the Healthy Families, Healthy Communities program, families will have access to wraparound services that address social determinants of health and set families on a path towards improved health and well-being.

Program Milestones

To reach by December 2024

- Provide individualized coaching with a focus on addressing the needs, values, and priorities of low-income individuals at-risk for behavioral health and/or chronic diseases.
- Improve physical activity measures among youth and adults to affect rates of chronic disease in the target population.
- Connect families with social services such as SNAP, CHIP, Medicaid, and Senior SNAP.
- Reduce barriers to health-related services to prevent negative effects on behavioral health and chronic disease.



Helping Families Flourish

Understanding that the well-being of all families is essential to building a flourishing community. The Healthy Families, Healthy Communities project will offer a culturally competent foundation for Latino families in Vickery Meadow to live well.

"We are excited to be bringing a proven model for family empowerment into Dallas County and to collaborate with Vickery Meadow Youth Development Foundation," said Neha Gaitonde, director of Community Health for The Concilio. "Combining The Concilio's successful data-driven health curriculum with VMYDF's trusted relationships within Vickery Meadow will effectively bridge the gaps and break down barriers facing the community's path to thrive. Both organizations are focused on programs that empower families to rise above challenges in the face of adversity while improving and strengthening their financial, emotional, physical, and mental well-being."

With funding from Texas Health Community Impact, The Concilio will improve elements of a pre-established Healthy Kids, Healthy Families program, enhancing financial empowerment training to address the needs of Latino families, and by introducing new co-designed approaches and technologies to improve physical wellness and active lifestyle outcomes among youth. "Our goal is to work with the hardest-to-reach families and have a lasting impact on their behavior. Hopefully establishing healthy patterns will transform health outcomes for this and future generations," said Gaitonde.

\$300,000

Amount awarded for the 2023/24 grant cycle.

TexasHealth.org/Community-Impact



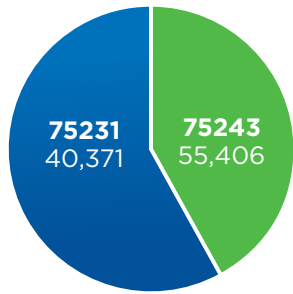
As an example of the data used to analyze the ZIP codes and determine areas of focus in each Texas Health Community Impact region, the following information is a snapshot for Dallas 75231 and 75243.



FOR ADDITIONAL DATA AND DEFINITIONS
Review the Community Health Needs Assessment by scanning the QR code or visiting TexasHealth.org/CHNA

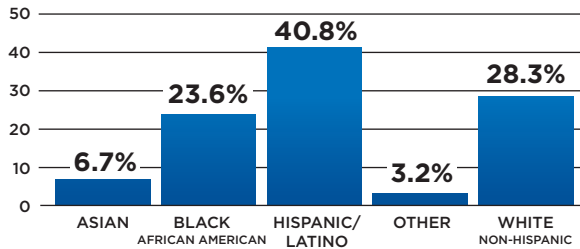
DEMOGRAPHICS

Out of **2,586,050** Dallas County residents, **3.7%** reside in high-need ZIP codes.



<https://www.healthytexas.org/indicators/index/view?indicatorId=6173&localeId=2631>

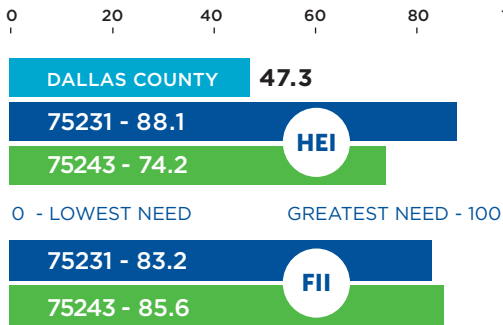
Race/Ethnicity in Dallas County



Sources: United States Zip Codes 2019; <https://www.unitedstateszipcodes.org/75231/#stats>; 2022 Community Health Needs Assessment

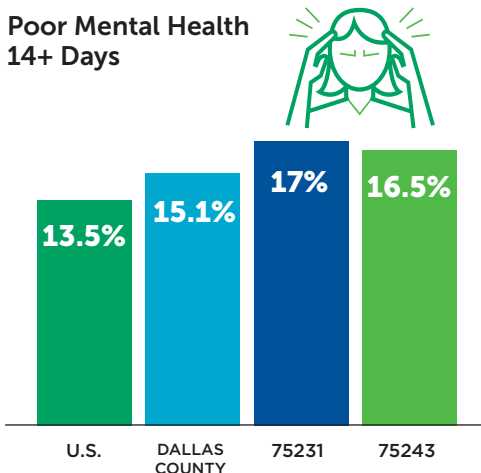
SOCIAL DETERMINANTS OF HEALTH

Conditions in the environments in which people are born, live, learn, work, play, worship, and age that affect a wide range of health, functioning, and quality-of-life outcomes and risks. Through Texas Health Community Impact grants, we're trying to address the whole person—not just a disease.



Sources: <https://www.healthypeople.gov/2020/topics-objectives/topic/social-determinants-of-health>; <https://www.healthytexas.org/indexsuite/index/healthequity>; <https://www.healthytexas.org/indexsuite/index/foodinsecurity?localeType=3&parentLocale=2631>

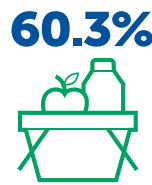
Poor Mental Health 14+ Days



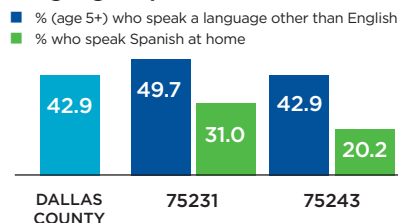
Source: <https://www.healthytexas.org/indicators/index/view?indicatorId=1835&localeId=37935>

Limited Access to Healthy Foods

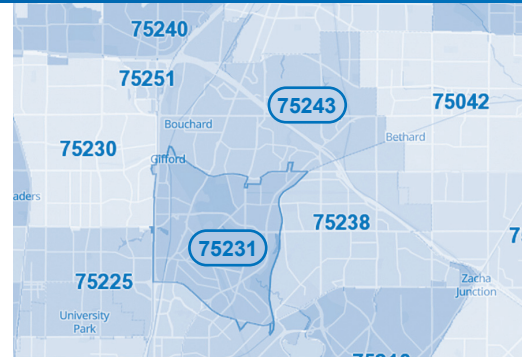
The range is from 0% to 100%, where the lower values indicate better outcomes.



Languages Spoken at Home

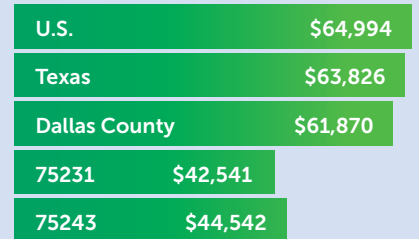


Source: Measurement Period (2016-2020); <https://www.healthytexas.org/indicators/index/view?indicatorId=6397&localeId=37935>; <https://www.city-data.com/zip/75243.html>



Per Capita Income for Residents

Lower than the national, state, and county levels.

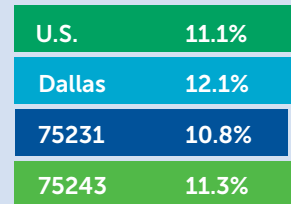


Source: <https://www.healthytexas.org/indicators/index/view?indicatorId=315&periodId=6955&localeId=39446>

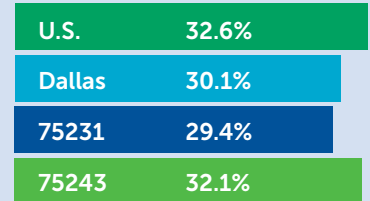
Chronic Diseases

Residents also face many health concerns—including diabetes and high blood pressure—both of which are prevalent in minority populations.

DIABETES



HIGH BLOOD PRESSURE



Sources: <https://www.healthytexas.org/indicators/index/view?indicatorId=253&periodId=244&localeId=2631>; <https://www.healthytexas.org/indicators/index/view?indicatorId=81&periodId=227&localeId=139305>



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