

Community Impact Grant

It is said that a person's ZIP code has a greater impact on their health than their genetic code. So, let's reach out into our communities to make a real difference in the health and well-being of our neighbors through Texas Health Community Impact. This data-driven, outcome-focused approach pinpoints specific ZIP codes to collaboratively address social determinants of health before the resulting problems surface in the form of chronic disease and premature death.

Collaborating Organizations

Sanger ISD

First Refuge Ministries

City of Sanger

First Baptist Church of Sanger

North Texas Food Bank

Tarrant Area Food Bank

Meet Ann.



For the last 17 years, Ann has worked in Sanger, witnessing the incredible need for food and other services in the community. As an employee at an alternative school, she has seen the number of children and youth with serious mental health challenges increase dramatically over the years, and the demand for backpacks with food for the weekends continues to rise. Additionally, although parents ask about counseling resources for their children and family, the options to suggest have been limited. Enter THRIVE - an opportunity to get additional resources into the community to address the entire needs of the youth and their family - not just piecemeal, fragmented, disconnected services. Ann feels band-aids have been put on situations for so long, however the THRIVE program allows the community to begin to stop the bleeding.

About the Texas Health Community Impact initiative

To address the identified needs of resiliency in youth ages 12-18, food insecurity, and lack of transportation in Sanger 76266 (Denton County), THRIVE (Together Harnessing Resources to Give Individuals Voice & Endurance) will bring mental health professionals, social service providers and food assistance directly to students at the schools and through the efforts of First Refuge Ministries. Texas Health considers the \$300,000 grant awarded to the collaborative as seed money for use as further financial support is gathered in the communities to meet long-term goals.

Highlights

- New employees at First Refuge and Sanger ISD have been hired
- Referral plan has been finalized between First Refuge and Sanger ISD
- Training for Ripple Effect is scheduled for September
- Health Clinic Grand Opening is scheduled for October

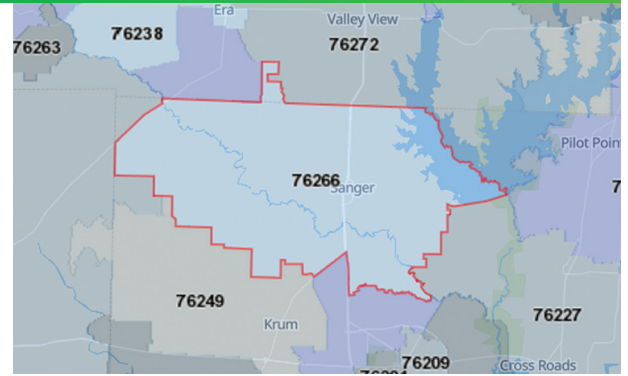
To join the cause or for more information, please contact:

Julie Wright, Program Manager for Denton and Wise Counties
Community Health Improvement
Texas Health Resources

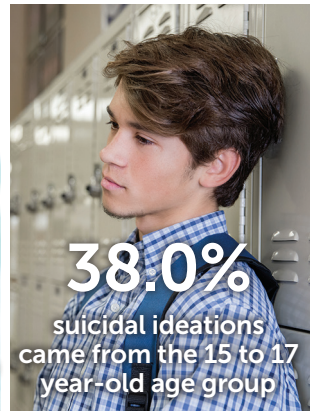
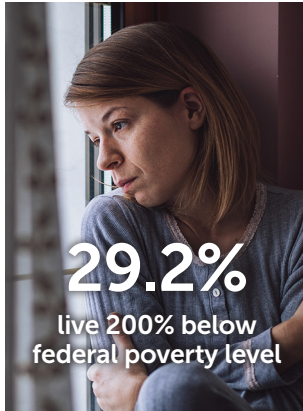
JulieWright@texashealth.org
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As an example of the data used to analyze the ZIP codes and determine the areas of focus in each Texas Health Community Impact region, the following is information for Sanger 76266.

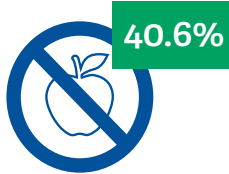


Population Data for Denton County: Sanger 76266*



Social Determinants of Health*

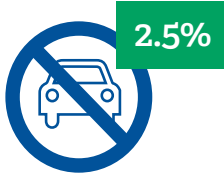
Studies have found that access to public transportation and living in a highly populated city have a profoundly beneficial impact on mental health, reducing the risk of depression, especially for women and elderly, by increasing opportunities to move around and have an active social life.¹



have limited access to healthy foods (population living more than 1/2 mile from nearest supermarket)



adults less than 25 years old do not have a high school diploma



households do not have a motor vehicle

Community Readiness Assessment**

Local leaders said

- There are strong potential partners among the agencies already working in behavioral health
- Access to behavioral health resources is limited due to transportation constraints

Windshield Survey Key Findings**



strong faith community



parks within walking distance



safe neighborhoods and school

Focus Group Key Findings**

- There is a lack of access to behavioral health care, which causes community members to drive to other cities for services
- Depression, especially related to living in poverty, is a major issue
- There is a high need for reliable, same-day transportation

SOURCES:
 *Statistics: CommunityCommons.org; Federal Poverty Guidelines 200% below (Maximum income of \$24,120 for 1-person household to \$49,200 for 4-person household)
¹ https://www.citylab.com/transportation/2015/12/study-transit-density-mental-health-depression-turin/417969/
 **Texas Health Community Health Improvement 2018

Doctors on the medical staffs practice independently and are not employees or agents of Texas Health hospitals or Texas Health Resources.

