

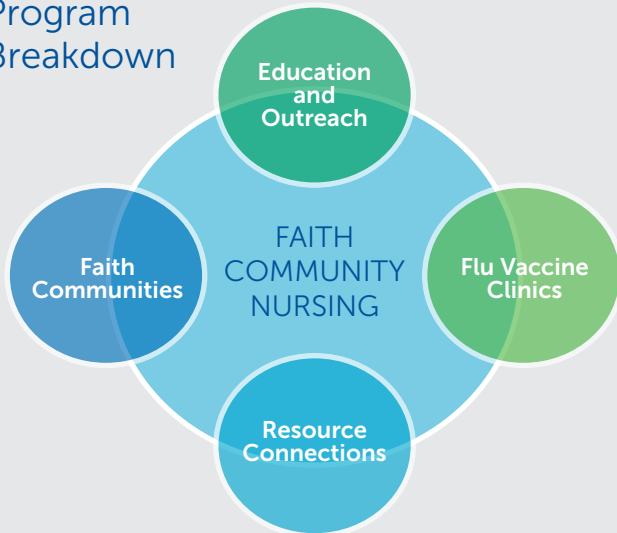
Community Health Improvement

Faith Community Nursing and Health Promotion Program

Achievements | 2023



Program Breakdown



Faith Communities

117

Program agreements with faith communities

161

Faith Community Nurses

161

Faith Community Health Promoters

12,375

Total recorded hours served by community-based Faith Community Nurses and Health Promoters

Program Objective

Faith Community Nursing is a system-wide program offered by Texas Health Resources to link faith communities with health-related resources that focus on holistic care for the body, mind, and spirit. Emphasis is placed on equipping faith-based communities with the tools and resources to offer prevention and wellness support to care for the people they serve. These resources are delivered by volunteer congregational-based Faith Community Nurses (FCNs) and Health Promoters (HPs).

Statement of Need*

Vulnerable persons are at greater risk for poor health outcomes or adverse events. Because communities of faith are trusted sources of information, people seek help from clergies, FCNs and HPs, who are uniquely positioned to remove barriers, close gaps in care, advocate, educate, and equip people to live their healthiest lives.

Education and Outreach

Faith Community Nursing offers classes and trainings in a variety of topics. These courses are taught to partners, faith leaders, community-based FCNs, HPs, and Texas Health staff. Although we serve the DFW metroplex and surrounding areas, we have supported the development of several programs across the nation.

Prior to serving their own congregations, community-based FCNs and HPs complete training offered by Texas Health. *The Foundations of Faith Community Nursing* course, required for community-based FCNs, is a comprehensive course that prepares the registered nurse for FCN practice and a successful health ministry. *The Fundamentals of Health Promotion* class is the required training for HPs to learn the basics of providing and supporting a health ministry in their faith communities.

Advance Care Planning (ACP) is a course taught free to the community by our Texas Health Faith Community Nursing team. Empowering individuals to write down their healthcare wishes and share them with others is the focus of the course. Topics covered include living wills, do-not-resuscitate orders, and Medical Power of Attorney. Having this information available when a person is unable to speak for themselves, ensures an individual's wishes are followed at the end of life.

* Statement of Need sources: Westberg Institute, 2019, Foundations of FCN: Advocacy, Care Coordination, and Transitional Care, p. 313

Activity/Outputs

44

Participants Completed Fundamentals of Health Promotion Class

30

Nurses Trained in Foundations of Faith Community Nursing Course

98

Participants Completed the Advance Care Planning Course

FCNs in Action:

A community-based FCN, while conducting blood pressure screenings for her congregation noticed some participants had high blood pressure and convinced them to visit their doctors to receive assistance and follow-up. This FCN went one step further to offer nutrition and walking classes to her congregation to counteract elevated blood pressures seen during the screening event.

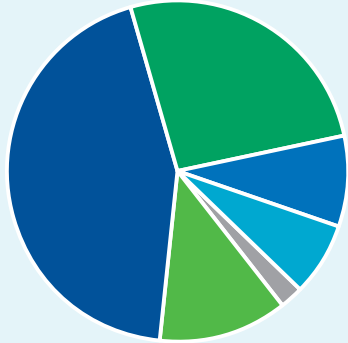


Activities/Outputs

Through FCN partnerships and support, faith communities across North Texas were able to connect more than **126,206** individuals to preventive care and social services.

\$4,089,250
Community Cost Savings/Avoidance

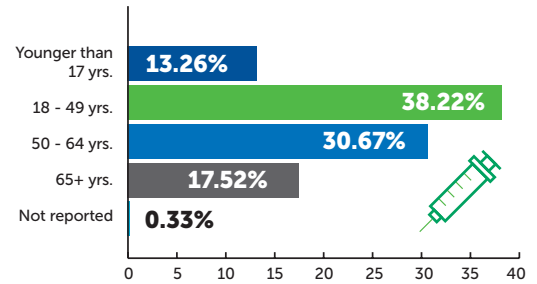
SOCIAL DETERMINANTS OF HEALTH



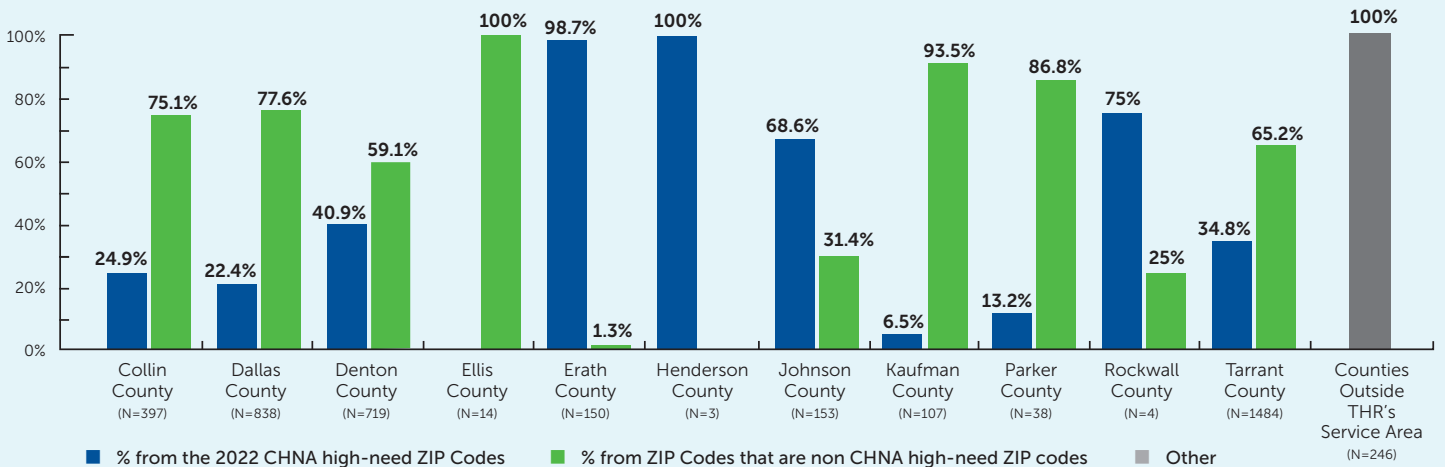
- FOOD**
n=54,849
Hunger
- ECONOMIC STABILITY** | n=10,649
Expenses | n=500
Medical Bills | n=1,654
Support | n=8,495
- EDUCATION**
n=32,444
Literacy
- COMMUNITY & SOCIAL CONTEXT** | n=8,890
Community Engagement | n=1,765
Support Systems | n=7,125
- HEALTHCARE SYSTEM**
n=15,234
Health Coverage
- NEIGHBORHOOD & PHYSICAL ENVIRONMENT** | n=2,618
Housing n=2,371
Transportation n=247

Flu Vaccine Clinics | DEMOGRAPHICS OF PEOPLE SERVED | Total N=4,223

Flu vaccine clinics provided by Texas Health focus on serving people and communities who would otherwise not have access to vaccines. Fulfilling our Mission to meet our consumers' needs where they work, live, play and pray is exemplified in the care provided in communities of faith and faith-based organizations across our service areas. In **2023**, the Faith Community Nursing program organized **96 clinics** with the primary focus of serving people who did not have access to flu vaccines. Services were aligned with food pantries, congregations in Community Health Needs Assessment (CHNA) ZIP codes, senior community members, and outreach ministries to underserved communities. Each site was open to the community and cared for people beyond the congregation membership.



DISTRIBUTION OF PEOPLE VACCINATED BY COUNTY (N=4,223)



ACTIVITIES AND OUTPUTS

- 96** Clinics held
- 4,223** Total number of flu shots given
- 137** First-time doses
- 1,114 (26.4%)** Spanish speaking recipients
- 28%** Percentage of clinic sites in CHNA ZIP codes
- 56%** Percentage of clinics focused on the immigrant population or populations experiencing health disparities or social determinants of health needs
- 16%** Percentage of clinics focused on outreach beyond the church to serve neighbors in need