

# Be a CHAMP!



Your faith community is invited to join CHAMPs.

CHAMPs (Congregational/Community Health and Ministry Partners) is a network of faith communities working with Texas Health to improve wellness in their congregations and communities.

## Support, Education and Collaboration

Grounded in respect and trustworthiness, CHAMPs serves North Texas faith communities by:



- supporting caregivers visiting hospitalized individuals
- offering congregational and community health and wellness education
- presenting collaborative mission opportunities to improve the health and well-being of the communities CHAMPs congregations serve



## What is CHAMPs' purpose?

Texas Health engages CHAMPs congregations to highlight the ways Social Determinants of Health impact North Texas neighborhoods.

Through CHAMPs, you will:

- learn about health issues impacting North Texas and best practices for response
- meet with hospital leaders to learn about the ways the hospital and community partner for health equity and local mission opportunities
- network together on a volunteer basis to address unmet Social Determinants of Health needs in underserved communities
- integrate with hospital protocols to facilitate seamless access to hospitalized congregants

Health & Wellness Awareness

Community Health Ministry

Networking

Hospitality

Education

**The CHAMPs Influence**



## Why does Texas Health support CHAMPs?

Texas Health is a faith-based health organization that values congregations and clergy as partners in nurturing health and well-being of North Texas communities. Inside and outside hospital walls, Texas Health is committed to improving the lives of the people we serve through community partnerships – including faith communities.

We work together to keep people healthy and out of the hospital by addressing unmet “upstream” needs. Many of these needs are Social Determinants of Health which include food security, social connection, transportation, language facilitation and safe living conditions, among others.





# Make the CHAMPs connection

Build healthier communities and start a dialogue that promotes health and wellness in your house of faith and North Texas neighborhoods.



## How will CHAMPs help your faith community?

Health is essential to any thriving congregation. When your congregation becomes a CHAMP it will have improved resources to keep members healthy and to become a transformational community leader by engaging in collaborative health-equity missions.

## What are some additional benefits for CHAMPs congregational representatives?

- Texas Health-issued identification badge
- Hospital parking pass, where applicable
- Use of hospital cafeteria for meals at employee rates
- Meals provided during in-person CHAMPs education and/or networking events
- Use of Texas Health hospital fitness center at employee rates
- Invitations to participate in the latest health education opportunities available through CHAMPs Texas Health and affiliate organizations
- Opportunities to partner with other CHAMPs congregations in local wellness and SDoH mission projects



## How does CHAMPs work?

Through their designated representatives, CHAMPs congregations learn about collaborative mission opportunities that address local and area-wide Social Determinants of Health needs.

## Contact us to learn more about CHAMPs opportunities

Email:  
CHAMPs@TexasHealth.org



Scan this QR code,  
or visit:

TexasHealth.org/  
CommunityHealthMinistry  
TexasHealth.org/  
FaithandSpirituality

