

A nationwide campaign



Stop The Bleed is a nationwide campaign to teach people how to quickly save lives. No matter how fast emergency responders get there, bystanders will always be the first on the scene. It only takes a few minutes for a person to die from blood loss. So, it's important to stop blood loss quickly.

By using a few easy steps, you can keep the injured person alive until emergency care gets there. With the right training, **YOU** can help save lives!

The information in this brochure was taken from the websites of the following organizations:

- U.S. Department of Homeland Security
- National Association of Emergency Medical Technicians
- American College of Surgeons

For more information on trauma prevention, please contact the following organizations:



SAVE A LIFE



AMERICAN COLLEGE OF SURGEONS
Inspiring Quality,
Highest Standards, Better Outcomes



THE COMMITTEE
ON TRAUMA



WWW.BLEEDINGCONTROL.ORG

For more information or to schedule a class, please contact:

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Texas Health Harris Methodist Hospital Fort Worth

Stop the Bleed



A community trauma education program presented by the Trauma Services Department at Texas Health Resources Fort Worth



SAVE A LIFE

Identify and treat life-threatening bleeding

Stop The Bleed is a course that teaches the basics of seeing and treating life-threatening bleeding.

Students will have lessons and hands-on training where they will learn how to apply direct pressure, and how to use dressings and tourniquets to stop bleeding.

You never know if you may need to help a person with life-threatening bleeding. You don't need medical training and the course is **FREE!** Contact us to schedule training in your classroom, work or your organization!



Classes are available to the community

Our trauma professionals will come to you!

Course options available:

- In-person lecture / In-person lab
- On-line lecture (virtual)* / In-person lab
- Train-the-Trainer Course

All courses are 2 hours in length.

All students receive a certificate of participation upon completion of the course.

** When the on-line (virtual) lecture is selected, an in-person lab is required to perform skills for successful completion of the course.*

Make a Difference

The help given by an immediate responder can often mean the difference between life and death, even before professional rescuers arrive.

