



Education Classes



Pregnancy & Parenting



Financial Goals



Career Support

ALL SERVICES AT NO COST

EMPOWER WOMEN. FIGHT POVERTY. IMPACT GENERATIONS.

Education Classes

Explore a range of classes in Finance, Career, Parenthood, and Personal Development! Whether you want to embark on a comprehensive financial series or pick a single course to supercharge your skills, we've got you covered. Enjoy the flexibility of in-person or virtual sessions to fit your lifestyle and achieve your goals with confidence!



Pregnancy & Parenting

Being a first-time mom can be hard. Let us help. **Nurse-Family Partnership** is a FREE program that helps new moms during pregnancy and until your baby turns 2! You'll receive home visits from one of our experienced registered nurses.

Parent Cafés - Experience a welcoming space where you can connect with other parents, share experiences, and gain valuable insights.



Financial Goals

In partnership with the City of Dallas, Ascend offers personalized one-on-one sessions with certified financial counselors through the Dallas Financial Empowerment Centers. Find us at any of our partner locations or join us virtually! Our expert counselors are here to help you set and achieve your financial goals, boost your credit, reduce debt, increase savings, and master budgeting.



Career Support

Let us help you land that new job. Get help with your resume, interview skills, access job leads, learn industry-specific skills and gain access to LinkedIn Learning certification programs. With personalized career coaching, we help you gain the skills and confidence to achieve your career goals.



SCAN EACH QR TO LEARN MORE!

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