



Ascend Dallas

formerly WiNGS Dallas



Nurse-Family Partnership
Helping First-Time Parents Succeed

FREE program for women having their first baby

Home visits from a Registered Nurse from pregnancy until your child's 2nd birthday

Your nurse will provide information on the following topics:

- Prenatal and postpartum education
- Newborn and child health education
- Positive parenting education
- Building a strong support network
- Life skills – including education, job training, childcare
- Setting and achieving your goals for the future

Who can enroll?

- Less than 28 weeks pregnant with first child
- Meets income requirements
- Lives in Dallas, Collin, Denton, Ellis, Kaufman, and Rockwall county



Scan QR Code to to determine if you are eligible for the program!

For more information: **214.325.1000** | ascenddallas.org

